



29/06/2019 - 06/07/2019

SAILING INSTRUCTIONS

1. RULES

This race will be conducted according to:

- **1.1.** The regulations referred to in Article 3 of the Notice of Race, and any amendments will be presented by the Sailing Instructions
- **1.2.** The RRS 28 Rule is amended as following:
 - (α) Rule 28.1 the first sentence is deleted and replaced by:
 - "A boat must cross the starting line after the start signal and after being entirely at the pre-start area, sail the route as provided by the sailing instructions and finish"
 - (β) Rule 28.2 the first sentence is deleted and replaced by:
 - "A cord representing the course of a boat from the moment it starts approaching the starting line from the pre-start area to cross it until it ends, it needs, when stretched"
 - (y) A new Rule 28.3 is added:

The penalty (OCS) for a yacht that will not cross the starting line as required by rule 28.1 will be:

- Penalty 15% in the corrected time and at least 2 positions.
- **1.3.** The present Sailing Regulations.

In case of contradiction between the notice of the Race and the Racing Regulations, the Racing Regulations overrule (Amendment RRS 63.7).

In case of contradiction between the Greek and English texts, the Greek one overrules.

2. SECRETARIAT

- **2.1.** The Secretariat of the Race will be located:
 - Until Friday the 28th of June 2019 at Nautical Club of Tzitzifies Kallithea, Nautical Marina of the Municipality of Kallithea.
 - From Saturday the 29th of June 2019 at the islands included in the race, on the Race Committee boat or in an office nearby.

3. ANNOUNCEMENTS TO THE COMPETITORS

- **3.1.** Announcements to competitors will be posted:
- **3.2.** In Faliro at NOTK's Official Notice Board. At the islands, officially on a bulletin board which will be setted in front of the Race Committee boat. For information purposes, NOTK's website
- 3.3. All the above will be accompanied by a sound signal and the hoisting of the flag "L" of ICS.























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4. CHANGES IN SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be announced before 08:00 on the day of entry and will come into force, except for any change to the Schedule of Races to be announced before 20:00 of the previous day of entry that will come into force.

5. VISUAL SIGNALS ASHORE

- **5.1.** The visual signals will be ashore as following:
- At Faliro on the mast at NOTK's port facilities
- At the islands of the race on the mast of the Race Committee boat.
- **5.2.** Hoisting the "AP" flag means "The race is postponed". The warning signal will not be given earlier than (30') half an hour after the "AP" downhaul.
- **5.3.** It is possible to hoist other signals as described by RRS.

6. SCHEDULE OF RACES & EVENTS

Wednesday, 26/6/2019, 20:00 hrs, Deadline of participation of entries

Thursday - Friday 27-28/6/2019 From 09:00 hrs, Yacht's Inspections

Friday 28/6/2019, 20:00 hrs Skipper's meeting at NOTK.

Saturday 29/6/2019, 11:00 hrs 1st offshore race, VOULIAGMENI - SYROS (ERMOUPOLI), Distance 66 nm.

Sunday 30/6/2019. Free day-Inspections

Monday 1/7/2019, 20:00 hrs, Award Ceremony of the 1st race.

Tuesday 2/6/2019, 11:00 hrs, 2nd offshore race, SYROS - IOS, Distance 51nm

Wednesday 3/7/2019 Free Day, 20:00 hrs Award Ceremony of the 2nd race

Thursday 4/7/2019, 11:00 hrs, 3rd offshore race, IOS – SERIFOS (LIVADI), Distance 45nm

Friday 5/7/2019, Free Day, 20:00 hrs Award Ceremony of the 3rd race.

Saturday 6/7/2019, 11:00 hrs 4th Offshore race, SERIFOS – PATROKLOS, Distance 43 nm

Monday 8/7/2019 19:00 hrs Protest hearings at NOTK Offices

7. COURSES - SAILING RESTRICTIONS

7.1. 1st Course: VOULIAGMENI - SYROS

KEA island will be left on the left side and KYTHNOS island will be left on the right side

7.2. 2nd Course: SYROS - IOS

STRONGYLO island will be left on the Left side

7.3. 3rd Course : IOS - SERIFOS

SIFNOS island will be left on the Left side

7.4. 4th Course : **SERIFOS - PATROKLOS**

The island of SERIFOS will be left on the Left side.

8. CLASS SIGNAL

Participating yachts are not required to bear the distinctive class flag.























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9. CLASSES - DIVISIONS

- 9.1. The following classes will be created: PERFORMANCE, SPORT, Non-Spinnaker (NS) & IRC
- **9.2.** The divisions of **PERFORMANCE** class are defined as in the enclosed list of participating yachts.
- **9.3.** The divisions of **IRC** class are defined as in the enclosed list of participating yachts.
- 9.4. The divisions of SPORT & Non Spinnaker classes are defined as in the enclosed list of participating yachts.

10. START

- 10.1. The start will be given according to Rule 26 of the Racing Rules of Sailing of WS 2017-2020 as follows
 - o For PERFORMANCE & IRC classes the warning signal will be the numeral signal "2" of the RRS.
 - o For SPORT & Non Spinnaker class the warning signal will be the numeral signal «1» of the RRS
- 10.2. The warning signal will be given 5 minutes before the start
- 10.3. A yacht cannot start later than 9 minutes after the start signal (Modification of the RRS rule A4)
- 10.4. The Race Committee may, at its discretion, extend the 9-minute limit in case of an apnea
- 10.5. The start timings must be taken from the visual signs. The failure of a sound signal must be ignored.
- 10.6. The Race Committee, at its discretion, may give the start for two or more classes of yachts together, showing at the same time the distinctive signs of the classes in the warning signal
- 10.7. The starting lines may be moved to a point other than originally designated in case of low wind or force majeure. In this case, the RC will mount the "L" sign on the board up to the new starting point

11. STARTING AND FINISHING LINES

Indicative layouts of the start and finishing lines are shown in attached appendices 1 to 4.

11.1. **STARTING LINES**

11.1.1. Starting at VOULIAGMENI (App. 1)

The starting line at Vouliagmeni will be the invisible line between the orange flag with the letters "RC" on the signals' mast of the Race Committee boat at the right end and the deployed buoy with a pole and a red flag at the left end.

11.1.2. Starting at SYROS (App. 2)

The start will be given in the sea close to GAIDAROS island.

The starting line will be the invisible line between the orange flag with the letters "RC" on the signals' mast of the Race Committee boat at the right end and the deployed buoy with a pole and a red flag at the left end.

Start signals will be given by the Committee's boat.

If needed, the Race Committee boat is allowed to maintain its position using the engine.

11.1.3. Starting at IOS (App. 3)

The start will be given at the entrance of the gulf close to cape FANARI.























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The starting line will be the invisible line between the orange flag with the letters "RC" on the signals' mast of left boat at the end and the lighthouse Start signals will be given by the Committee's boat.

If needed, the Race Committee boat is allowed to maintain its position using the engine.

11.1.4. Starting at SERIFOS (App. 3)

The starting line will be the invisible line between the orange flag with the letters "RC" on a pole on the pier at right end and the deployed buoy with a pole and a red flag at the left

The start signals will be given from the pier

11.1.5 Report of yachts participation before each start.

Any yacht intending to start, is required to pass from the Race Committee at least up to one minute before the Warning signal and declare its bow number (optionally its sailing number) so that it can be recorded by the Secretariat of the Race Committee.

Yachts that did not get to the start line on time for any reason and did not make use of the start capacity as described in Article 10 must notify the Race Committee of their intention to start after the start signal via VHF. The same applies for those yachts that were not able to be registered before the Warning Signal.

The Race Committee can classify as DNC all boats that did not report their presence at the starting line.

11.2. **FINISHING LINES**

11.2.1. Finishing at SYROS (ERMOUPOLI) (App. 1)

The finish line at Syros is defined on the right by a blue flag on a pole on the pier before port's green light, and on the left of a deployed triangle yellow buoy. If the buoy is lost, the finish line will be the invisible straight line at a bearing of 90 degrees.

The team of the Race Committee which will signal the finishing of the yachts will be located at the pier.

11.2.2. Finishing at IOS (App. 2)

The finish line at los is defined on the **right** by a blue flag on a pole on the courtyard of the church of Saint Irene before port's green light, and on the left of a deployed triangle yellow buoy. If the buoy is lost, the finish line will be the invisible straight line at a bearing of 290 degrees.

The team of the Race Committee which will signal the finishing of the yachts will be located at the pier.

11.2.3. Finishing at SERIFOS (App. 3)

The finish line at Serifos is defined on the left by a blue flag on a pole on the pier, and on the left of a deployed triangle yellow buoy. If the buoy is lost, the finish line will be the invisible straight line at a bearing of 95 degrees.

The team of the Race Committee which will signal the finishing of the yachts will be located at the pier.

11.2.4. Finishing at PATROKLOS (App. 4)

The finish line at Patroklos is defined on the left by the light on the land on the inside aeea of the narrow sea passage of Patroklos, and on the right of a blue flag on a pole on the race committee yacht.

The team of the Race Committee which will signal the finishing of the yachts will be located on the yacht.

















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11.2.5 An attempt will be made to place a flashing white/red light (strobe light) overnight, on the deployed buoys that are the end of the finish lines in case the inflated buoy is lost, the Race Committee will try to replace it with a new one. If this is not feasible, the above bearing will be used.

Malfunctioning of the flashing lights or the absence of them at the finishing spots does not entitle competitors to request for redress.

11.2.6 Finishing Boats

Each finishing boat will be marked by the finishing line team of the Race Committee with a sound signal.

The finishing boats must report their bow or sail number and the name of the boat to the Committee upon finishing. It is to the responsibility of each yacht to be assured by the Racing Committee that its finishing was recorded.

12. INDIVIDUAL RECALL

- 12.1. Individual recall will be given in accordance with rule 29.1 of the International Sailing Regulations of WS 2017-2020
- 12.2. If possible, the Race Committee will try to namely notify via VHF the pre-started yachts. No notification or delay of notice, does not entitle the competitors to claim redress. This amends the RRS rule 62.1 (a).

13. GENERAL RECALL

- A general recall will be given in accordance with rule 29.2 of the International Sailing Regulations of WS 13.1. 2017-2020
- 13.2. When a General Recall has been given, the start of the next class will be postponed accordingly

14. TIMINGS

All timings for the 25th International Sailing Race "CYCLADES 2019 Cyclades Regatta" refer to Athens Observatory Time (Tel 14844)

15. WEATHER FORECAST

The weather forecast report will not be given to the participants by the Race Committee.

16. TIME LIMITS

- For **PERFORMANCE** class, the finishing time limit is calculated by the General Purpose Handicap (G.P.H.) 16.1. multiplied by the number of miles of each race (Article 6) multiplied by the factor 2.2.
- 16.2. For IRC class the finish time limit is (B.S.F.) multiplied by the number of miles per race (Article 6) multiplied by the factor of 2.2
- For **SPORT** and **Non Spinnaker** classes the finishing time limit is General Purpose Handicap (G.P.H.) 16.3. multiplied by the number of miles per race (Article 6) multiplied by the factor 2.2
- 16.4. The time limits (racing duration) of each yacht are listed on the race cards





















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17. TIME CORRECTION SYSTEM

17.1. Class PERFORMANCE

For PERFORMANCE class the "Performance Curve Scoring – Constructed Course" will be used. In this case in the calculation of the corrected time the Implied Wind of the first yacht will be used. In case the Race Committee deems it to be unsafe - due to race conditions or not suitable weather conditions – to issue the results with this system, the system that will be used is *Time on Time Coastal / Long Distance*.

The Race Committee's data on route length, wind speed and direction or numerical type selection of the alternative scoring system cannot be an excuse for redress.

17.2. Class IRC

For IRC class the Time on Time system will apply.

17.3. Classes SPORT and Non Spinnaker

For SPORT and Non Spinnaker classes the system "Time on Time Coastal/Long Distance" will be applied.

17.4. The actual length of each race will be used in order to issue the results

18. SCORING SYSTEM

- **18.1.** The Low Point Scoring System of RRS. Appendix A4. of the International Race Rules of WS 2017-2020 shall apply.
- **18.2.** The winners of the Regatta will designated by the sum of their points on all races
- **18.3.** The weighting ratio for all races is 1.00.
- **18.4.** No course is excluded.
- **18.5.** Any score tie between yachts will be resolved according to the rule A8.2 of RRS
- **18.6.** At least one course must be completed so that the 25th International Sailing Race CYCLADES 2019 Cyclades Regatta is considered valid
- **18.7.** The scoring of the divisions will be extracted separately of the overall ranking. .

19. ALTERNATIVE PENALTIES

19.1. For any contraventions other than Part 2 of the WS's International Sailing Regulations, the provisions of the National Authority (HSF /OSC) Addendum to the International Race Rules (RRS) for the Offshore Games 2019 will be applied

A 360° turn-off penalty will apply for the contravention of Rule 2 of the International Race Rules of WS 2017-2020 (RRS rule 44.2). A yacht that is under a self-penalty, must complete a declaration of compliance in the Secretariat within the time limit set for objections' submission.

19.2. A yacht that has not crossed the starting line as foreseen in Rule 28 and the present Sailing Regulations (OCS) will forfeit according to the above name of the Sailing Regulation 1.2.c.

20. RESULTS

- **20.1.** Following the end of each race, provisional official results will be published and posted by the RC on the Announcements Board and NOTK's website.
- **20.2.** The final results will be published after the hearing of any protests























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21. DECLARATION OF NON COMPLIANCE

During the race, in case, the regulations mentioned in the Notice of Race or the Sailing Instructions have not been followed, then the authorized representative of the yacht must declare that in writing to the Race Committee no later than two (2) hours after its finish time, in the Special Form, available at the Race Committee.

22. PROTESTS

- 22.1. The protests must be written, in the specific form available by the Race Committee and submitted within the time limit. In order to facilitate the receipt of protest, interested parties can contact the Race Committee on the VHF channel or on the mobile phones given.
- 22.2. The protest deadline for each boat expires two (2) hours after its finish time.
- Protests will be heard on **Monday 8th July 2019** at NOTK's office. The authorized representatives of the 22.3. yachts will be informed in time by the Secretariat of the Race Committee for the exact time and order of their appeals. The authorized representatives of the yachts concerned must, under their own responsibility, inform their witnesses, if any, to attend.

23. STANDSTILL OF ENGINES

- 23.1. The engines of the participating yachts must not run by the preparatory start signal.
- It is forbidden to use a propulsion engine (RRS rule 42). In case of stranding or collision with another 23.2. boat or object the RRS Rule 42.3.h. is applicabe

24. ABANDONING A RACE

Yachts that for any reason and at any point of any race drop out, are required to notify the Racing Committee as soon as possible, and give the following information: in the way indicated below

- o Name of the Boat
- o Bow number (optionally the sail number)
- Spot of abandonment (point on the course)
- Time of abandonment
- Reason of abandonment
- Where the abandoned yacht is located
- o Port or bay of destination

The communication with the Racing Committee will be made:

- Through VHF (Channel 71.)
- Via telephone at: +30 694 435 6225 & +30697 203 7320

Any violation of the above article may be subject to a "Cancellation not relied by RRS 90.3 (b) (DNE) rule" without any right to a hearing, as an amendment to the RRS 63.1 rule

Failure to comply with the Sailing Instruction 23 may be a reason for the application of the RRS 69 rule, while the Organising authority reserves the right, by decision of its Board, to exclude from the races, for a concrete period of time, those who do not comply and to apply to the National Authority to impose a penalty to the boat.

25. VHF COMMUNICATION

25.1.

















ΧΟΡΗΓΟΙ ΕΠΙΚΟΙΝΟΝΙΑΣ



During starts and finishes, VHF communication will be on channel 71. It is strongly recommended, for safety reasons to all competing yachts to listen and communicate through channel 71 during the race.





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For the same reasons, it is also mandatory to continuously have the mobile phone declared at the registration of the boat turned on.

- 25.2. Contact with the Race Committee
 - George Katekos, RO,+30 694 435 6225
 - Dimitris Vassiliou, +30 697 203 7320

26. INSPECTIONS

- Safety, measurement checks and inspections will be carried out at any time according to the 26.1. rules of the Hellenic Offshore Committee of the Hellenic Sailing Federation for Sailing Races 2019
- 26.2. The Technical Committee reserves the right to inspect any boat without prior notice at any site (sea or ashore) at any time before the start of any race, during mooring and after the finish of any race in the period between 26.06.2019 at 09.00 and 07.07.2019
- 26.3. Each boat must have a copy of the Rating Certificate accompanied with the Measurement Inventory (where it is applicable) in either paper or electronic form.
- The owner or the authorized representative must be aware of the following 26.4.
 - According to the regulation RRS 78.1 he has the responsibility of the yacht to comply with the regulations of the category
 - According to OSR 1.02.1 regulation, the person in charge shall also set a person to take over his responsibilities in the event of his or her incapacitation
 - According to OSR 6.05.03 regulation at least one member of the crew shall be familiar with First Aid procedures, hypothermia, drowning, cardio-pulmonary resuscitation and relevant communication systems.
- 26.5. All yachts measured by ORC are allowed to use only sails that have been officially measured and have IMS stamp (storm sails are excluded)
- 26.6. The IRC certified yachts must use only measured sails and in number mentioned on their current certificate. For those yachts, changing the head sails and spinnakers is permitted, provided that their number and surface are in accordance with the entries on the certificate of measurement, an amendment to rule 21.1.5.d
- 26.7. The yachts can carry an additional mainsail which is following the class rules of their rating system. It may be used if the conditions of the certificate are met under the following conditions:
 - o The change is done at a race station and not during the race.
 - o The use of the alternative main sail must be declared to the Race Committee before it is done.

27. CREW LIST

- 27.1. The designated representative of each participating yacht is obliged to attach a detailed crew list to the registration form. The special crew list form is available at the Secretariat.
- 27.2. The total weight or number of crew members on board during the races may not exceed the one indicated in the Certificate of measurement.
- 27.3. Crew lists may be subsequently amended only following written application to the Race Committee by using the appropriate form, at the latest two hours before the start of each race.























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For safety and responsibility reasons for both the person in charge of a boat and to the Race Committee, wrong or incomplete crew list submissions may be a cause for disqualification of the boat in the current race.

28. ADVERTISEMENT

- The Regatta is under the WS Advertising Code. Therefore, yachts bearing individual advertisement 28.1. during the Regatta must comply to the above - mentioned Rule and with their National Authority Regulations.
- The WS Advertising Code will take effect from the sunrise of Friday June 28thup to the sunset of Sunday July7th.
- 28.3. Boats bearing advertisements must carry the related permission from their Hellenic National Authority. This permission must be uploaded at the O.S.C. website
- 28.4. The Organizing Committee may require the participating boats to display a sponsor's sticker logo on both sides of the bow during the event as well as a similar flag to the rigging, in accordance with WS Advertising Code 20. Stickers and flags will be provided by the Organizing Committee.
- The Organizing Committee may also require the installation at no cost to the participating boat, of a 28.5. camcorder or positioning device and may use images from the race for the promotion of the regatta and its destinations.

29. SAILING DURING THE NIGHT

After sunset, the International Marine Conflict Prevention Regulation fully substitutes the regulations of Part 2 of the WS International Race Regulations. During this period, the boats must have the lights on as described in the International Regulations for Avoiding Conflicts at Sea, which must be positioned in such a way that they are not covered by sails under any circumstances. It is also mandatory that the yachts also have back-up lights.

30. BOATS' INSURANCE

- All the boats participating at the "25th International Sailing Race CYCLADES 2019 Cyclades Regatta" have 30.1. the responsibility to hold a current and valid Third-Party Liability Insurance covering possible damage to both
- 30.2. In addition, the insurance contract must explicitly cover, Third Party Liability for the participation of the boat in all regattas.

31. RESPONSIBILITY& DISCLAIMER

- All participants of the "25th International Sailing Race CYCLADES 2019 Cyclades Regatta" agree to 31.1. comply with the WS International Race Regulations (RRS 2017 - 2020) and the other Regulations as defined in Article 3 in use, the Sailing Instructions and the Race Notice, as well as their amendments.
- 31.2. By signing participation in accordance with Article 7 of the Notice Race, participants explicitly accept that they are participating exclusively under their own responsibility.
- All participants in the "25th International Sailing Race CYCLADES 2019 Cyclades Regatta" also agree to 31.3. undertake in full all responsibility for any possible injuries to themselves, their crew and damages of their belongings and to third parties (persons and belongings), at shore or at sea in consequence to their participation in the race, excluding from any liability the club NOTK, the Racing Committee, the Technical Committee, the Jury, the sponsor and any member involved with the race under any capacity and agree in full to be held liable for the conduct and attire of their crew, their representatives and their guests























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- The Organizing Club NOTK, the Organizing Committee, the Jury, the Race Committee, the Inspectors, the Sponsor and any other person involved in the organization of the "25th International Sailing Race CYCLADES 2019 Cyclades Regatta", cannot be held liable for any injury, material damage or death or any other unforeseen circumstance to the participants or their yachts, before, during or after the race which is described in this Notice of Race.
- 31.5. The safety and management of the yacht, including Third Party Liability insurance, including racing risks and third party eventual damages to people or property during race participation is the sole responsibility of the skipper who must make certain that the boat is absolutely seaworthy and is sailed, by experienced and adequate, in numbers, crew in good physical condition, able to confront extreme weather conditions, evaluate the meteorological forecasts and decide whether or not to participate in the scheduled race
- 31.6. The skipper reassures upon registration the good condition of the hull, the rigging and all boat's equipment. He also reassures that all safety equipment is adequately maintained and the crew knows where it is kept and how it should be used.
- 31.7. Special attention is drawn to the fundamental rule RRS 4, Part 1 of the International Sailing Regulations of WS "Decision to participate in a race". As well as the provisions of the Special Provisions of the National Authority (Hellenic Offshore Committee) for the Offshore Races 2019.

32. RIGHTS & PERMISSIONS

All competitors and crew members participating at the "25th International Sailing Race CYCLADES 2019 Cyclades Regatta" by registering in the Regatta, consent to the collection, use and reproduction in any way of their names, resumes and photographs by the organizing Authority and sponsor at their discretion. At the same time, they grant at no cost to the Organizing Authority and the Sponsor of the event, the unrestricted right and permission in perpetuity, to make, use and show, at their own discretion, any motion pictures and live, taped or filmed television and other reproductions of themselves (television, press and internet) during the period of the regatta and after.

33. PRIZES – AWARD CEREMONY

- Prizes will be awarded to 1st, 2nd & 3rd overall winners of each class (PERFORMANCE, SPORT, Non 33.1. Spinnaker & IRC), as well as to the winners of the divisions according to their participation as described by the Special Layouts of O.S.C.
- Prizes for the individual races at the islands will be awarded to the 1st winner of each class 33.2.
- 33.3. The Prize Award Ceremony for the winners of the General Ranking will be held on a date and venue that will be announced in due time.

34. ΕΠΙΤΡΟΠΕΣ

34.1. ORGANISING COMMITTEE

Andreas Antonopoulos, President NOTK President:

Members: Alexandros Theodoridis, Vice President NOTK























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Stavros Torosis, Head of Open SeaNOTK

Fani Katsavouni

Katerina Polychronaki, Secretariat

34.2. PROTESTS COMMITTEE

President: Stavros Kouris, IJ

Members : Vangelis Polykandriotis

Nikos Dimou

34.3. RACE COMMITTEE

President : George Katekos, RO

Members: Dimitris Vasiliou

Fani Katsavouni

Katerina Mavrodimou

Vassilis Karkaletsis

Ioanna Karastergiou

Marousa Andreadi

Maria Riga

Dimitris Nagouzaloglou

Nikos Paximadas

Manolis Kelaiditis

Giorgos Lasdas

Panagiotis Abatzis

Eleftheria Sideri

NOTK Secretariat : Katerina Polychronaki

Secretariat at the islands: Fani Katsavouni

TECHNICAL COMMITTEE: Andreas Antonopoulos, Nikos Paximadas

Race Committee Boat: DECISION, Sailing Boat, Panagiotis Abatzis

τηλ.: +30 694 532 1912















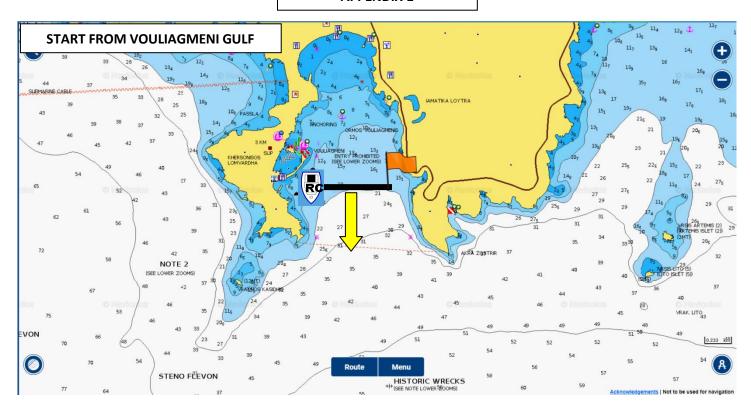


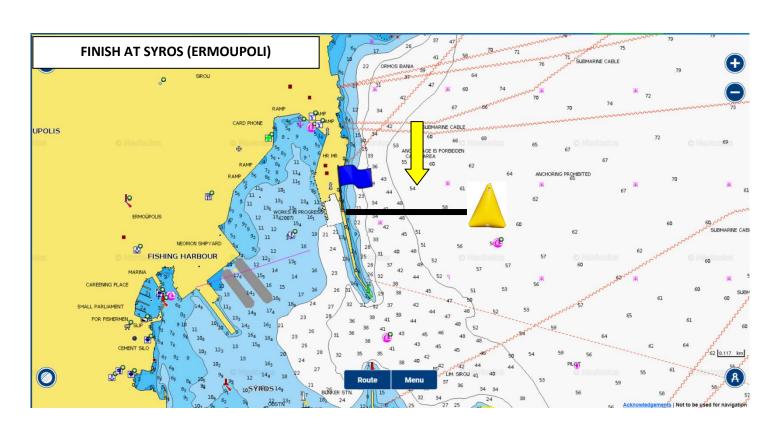






APPENDIX 1



















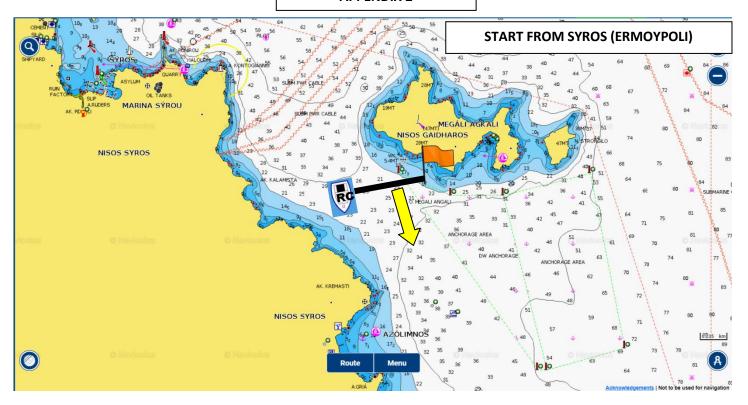


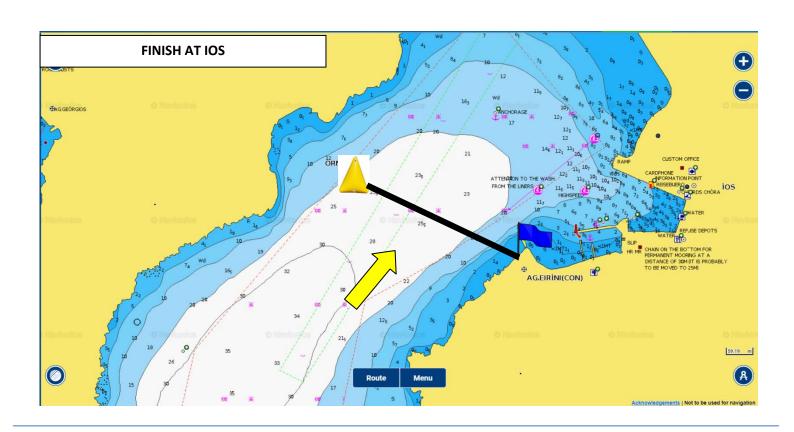






APPENDIX 2



















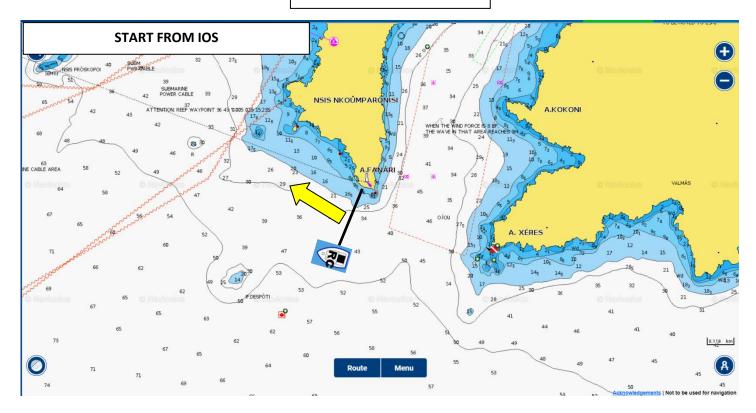


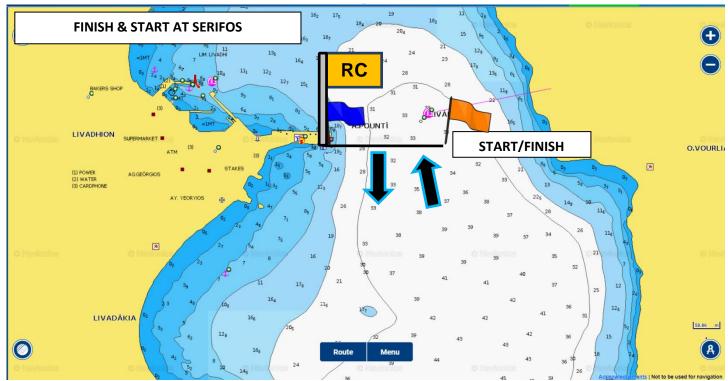






APPENDIX 3



























APPENDIX 4

