



Sailing Instructions

Offshore Sailing Regatta

« POROS 2023 »

March 31th - April 2nd 2023

In Memory of

MAKIS GRITZALIS





CONTENTS LIST

	Σελ.
1. RULES.....	3
2. WEATHER FORECAST - TIME.....	3
3. RACES.....	3
4. ROUTES – RESTRICTIONS – OBSTACLES	4
5. MERGING CLASSES / DIVISIONS.....	4
6. SIGNALS.....	4
7. STARTS.....	5
8. FINISHING.....	6
9. INDIVIDUAL RECALL.....	7
10. GENERAL RECALL.....	7
11. CHANGES OF THE SAILING INSTRUCTIONS.....	7
12. COMMUNICATION WITH THE COMPETITORS.....	7
13. FINISHING TIME LIMITS.....	8
14. LIMITATION OF USAGE OF BOAT ENGINES.....	8
15. DECLARATION OF NON-COMPLIANCE WITH REGULATIONS	8
16. PROCEDURE FOR OBJECTIONS AND REQUESTS FOR RESTORATION.....	8
17. ABANDONING THE RACE.....	8
18. PASSING FINISH LINE.....	9
19. MEASUREMENTS – INSPECTIONS.....	9
20. CREW LIST.....	9
21. ISSUANCE OF THE RESULTS.....	9
22. ADVERTISING ON BOATS.....	9
23. NAVIGATION AT NIGHT.....	9
24. TIME CORRECTION SYSTEM.....	9
25. RATING SYSTEM.....	9
26. ALTERNATIVE PENALTIES – VIOLATION OF REGULATIONS.....	9
27. RESPONSIBILITY.....	10
28. ORGANIZATION COMMITTEE OFFICES.....	10
29. EVENTS.....	11
30. COMMITTEES.....	11
31. DRAWINGS.....	11
ANNEX "A"	12
ANNEX "B"	13



Abbreviations

WS	World Sailing
RRS	Racing Rules of Sailing
HSF	Hellenic Sailing Federation
SCAC	Supreme Competition and Appeals Committee
ORC	Offshore Racing Committee (Greek)
RC	Race Committee
PC	Protest Committee
TC	Technical Committee
NoR	Notice of Race
SI	Sailing Instructions
COLREGS	International Regulations for Preventing Collisions at

Sea

1. **RULES**

The sailing event "Poros 232" is governed by the regulations referred to, in Clause 1 of the Notice of Race (NoR), as they apply on the sailing event dates, and these Sailing Instructions (SI). In case of inconsistency the SI prevail (Amendment of RRS 63.7). Between Greek and English text the Greek text will prevail. The race area appears on the maps of the Hydrographic Department of the Hellenic Navy XEE 412 & 412/5.

2. **WEATHER FORECAST - TIME**

Weather forecasts will not be given to competitors. The responsibility to get any available updates on the forecasted weather conditions is left to the competitors. The official time for the race is the time of the Athens Observatory.

3. **RACES**

Race No1 will be conducted in the route from Faliro to Poros.

Race No2 will be conducted in the route from Poros to Faliro.

3.1 **Routes**

RACE	ROUTE	DISTANCE	DAY	DATE	TIME
1	FALIRO - POROS	29.0 nm	Friday	31/03/2023	16:00
2	POROS - FALIRO	28.4 nm	Sunday	02/04/2023	11:00

The race results will be based on the actual distances that will result from the conduct of the races.

3.2 **Movement of the Starting Line. Shortening of the Route. Selection of a Route**

The Race Committee (RC) may at its discretion shorten or not, any or all of the races if very low winds are detected or there is a weather forecast that either prevent the start at the predefined start area or will not allow the boats to finish. In case of shortening the Time Limits will remain as originally published, but the calculation of the results will take into account the actual distance of the race.

The shortening can be done:

a. By moving the RC boat away from the original starting area, to a new area while displaying the "L" signal (follow). This decision of the RC cannot be the basis for a request for redress. In this case one end of the new conceivable starting line will be a yellow prismatic buoy and the other end will be a flagpole with the "RC" flag displayed on the Race Committee boat, with the exception of clause 7.5 below.

b. Finishing at a rounding mark as below clauses, 4 & 6.2 In this case one end of the new conceivable starting line will be a prismatic buoy and the other end will be a pole on the RC boat with the flag's "S" and "Blue" displayed

4. **ROUTES – RESTRICTIONS – OBSTACLES**

Limitations in effect, are these on clause 8.1 into NoR, i.e.:

4.1 In the 1st route, the island of Aigina will be left to Starboard. Point of NEDA (Poros Strait, with lighthouse on it), will be left at Port and will be noted as a turn point.

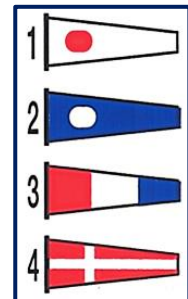
4.2 In the 2nd route, the island of Aigina will be left to Port

5. **MERGING CLASSES / DIVISIONS**

5.1 Merging of classes as illustrated into participants lists. Lists will be posted in NOTK club [webpage](#) and to the [Official Electronic Board](#).

5.2 Discreet signals of all classes will be the following:

- a.** ORC SPORT yachts, pennant numeral «1» of COLREGS.
- b.** ORC PERFORMANCE yachts, pennant numeral «2» of COLREGS.
- c.** ORC Double Handed yachts, pennant numeral «3» of COLREGS.
- d.** ORC Non Spinnaker yachts, pennant numeral «4» of COLREGS.



5.3 The participating boats are not obliged to show their pennant.

6. **SIGNALS**

Ashore at the area of Faliro, the land signals will be displayed on a flagpole, outside of the NOTK club offices.

On Poros island, signals will be displayed onto Race Committee boat, in the area of Poros harbor.

At the island of Poros, the land signals will be displayed on the mast of the anchored RC Boat, which will have an orange flag with the letters RC displayed.

Below are listed some of the signals that could be displayed.

6.1 Start Signals

The starting signals will be displayed on suitable poles of the RC boat which will display an orange flag with the "RC" insignia. The times must be taken from the visual signals. The absence or failure of a sound signal must be ignored. The display of signals is accompanied by VHF announcement if possible. Omission, absence, or incorrect announcement via VHF is not a basis for a request for redress.



Warning Signal

Five (5) minutes before the respective start, the signals of the classes that are scheduled to start will be displayed. For the Sport class the numeral pennant "1", for the Performance class the numeral pennant "2", for Double Handed class the numeral pennant "3" and for the Non-Spinnaker class the numeral pennant "4", together with an audible signal.

Preparatory

Four (4) minutes before the start, the preparatory signal "P" will be displayed with a sound, engines should be off.

1 Minute Signal «P»

1 minute before the start, the "P" will be removed together with a long sound.

Start Signal

The numeral pennants of the classes will be removed together with a long sound.

6.2 Other Signals that May be Given

Postponement of all races that have not started. Display of the "AP" with two sounds.

Abandonment of all races that have started and return to the starting area Display of the "N" signal together with three sounds.

Termination of Postponement: Lower of the "AP" signal with one sound. The warning signal will be made 1 minute after removal of the "AP".

Course Shortening: Display of the "S" signal with two sounds.

Individual Recall: Display of the "X" signal together with one sound.

General Recall: Display of First Substitute signal together with two sounds.

The display of the "L" signal on land, with one sound announces the posting of a new announcement on the Official Announcement Board by the RC. The display of the same signal on the boat of the RC at sea means "Follow".

The display of the "M" signal on a RC boat at a position where a buoy should have been anchored means that this boat replaces the buoy at that point. The display is accompanied by continuous short sounds to the approaching boats.

Any other signal according to RRS could be given.

7. STARTS

The starts will be given according to Rule 26 of RRS 2021-2024. The warning signal for each subsequent class will be given as soon as possible after the start of the previous class. The RC may choose to start all or some classes together depending on the participation. The starting lines will remain for ten (10) minutes. Within this time limit, boats that for any reason did not start normally, can start. After this time limit, all boats that have been registered at the starting area but have not crossed the starting line will be declared DNS. The Race Committee may extend the above time limit at its discretion and this decision is not the basis for a request for redress. The boats of the next class to start that are not yet competing, must be keep away from the starting line until the warning sign of their class. The starting lines may be moved to a position other than the one originally defined in accordance with paragraph 3.2 above, in the event of low winds or force majeure. In this case flag "L" («follow»), will be raised on the RC boat, till the new start point. If this is the case starting line will be marked with a buoy on one end and flag "RC" on the RC boat, at the other end.



The minimum number of boats of a class required to register in the starting area and then start, is three (3) (RRS J.2 (26)).

7.1 Start Line Faliro – Poros

The start will take place in the waters of Saronic Gulf, close to the exit of Club's harbor. The Starboard end of the conceivable starting line will be an orange flag with the "RC" letters written on it on the RC boat anchored at this point, and the Port end a buoy dipped located east, of the RC boat. Picture in the 1st page of Annex "B", displays this location and setup.

7.2 Start Line Poros – Faliro

The start will be in the waters Northwest of the of Poros, right before the exit of Poros strait. The port end of the conceivable starting line will be a yellow prismatic buoy and the starboard end will be an orange flag, displayed on the RC board. Picture in the 2nd page of Annex "B", displays this location and setup.

7.3 Anchoring of a Race Committee Boat

Alternatively, if the weather conditions or any other reason does not allow the RC boat to anchor at the scheduled point, then both ends of the conceivable starting line might be yellow prismatic buoys. The RC boat displaying an orange flag with the "RC" mark on a pole will be placed at the right end of the extensions of the conceivable starting line and will hold its position using its engine, and this is not a basis for request to redress.

7.4 Registration of Boats Before the Start

The boats are obliged to pass by the RC boat before the start of each race to register for the race. The above procedure will be possible until five (5) minutes before the initiation of the start process. The VHF communication channel during the starting process must be kept free for the proper communication between RC and the competing boats. Boats that for a very serious reason did not manage to pass in time by the RC boat must notify the RC through VHF that they are in the starting area, and they intend to start. The same situation holds for the boats that didn't have the opportunity to register before the above mentioned time. The RC can mark DNC all boats that did not indicate their intention to start.

8. FINISHING

Effort will be made to install a strobe light at the buoys that define one end of the finish lines, to operate from sunset to dawn. In the case of absence of the buoy due to force majeure, the conceivable finish line will be defined by the position of a pole with a blue flag, a distance of around 100 meters from this fixed point and a direction approximately perpendicular to the course of the boats from the previous point. Absence or malfunction of the strobe light or the buoy, does not entitle competitors to submit request for redress. In this case the RC will try to inform the arriving boats about the possible problem through the VHF, on the race channel 72. If the RC personnel is absent due to force majeure when a boat finishes, the boat must report to the RC the time of its finish and its position relative to other race boats at the first reasonable opportunity.

8.1. Finishing Line at Poros

The finish will on the waters North-Northwest of the harbor of Poros. The conceivable finish line is defined by an anchored yellow prism buoy at the Starboard end and a pole with a blue flag at the Port end on the land in the area of "JENIAS HOTEL". The intention



of RC is the buoy will at 200 deg / 100 mtrs from blue flag. The intention of the RC is to anchor a yellow prism buoy at a direction of 200 deg and a distance of 100 mtrs from blue flag. In a case where it's not possible to use the area of "JENIAS HOTEL" the blue flag will be emplaced on the RC boat near to the above mentioned hotel area. The picture in the 2nd page of Annex "B" displays this setup.

8.2 Finishing Line at Faliro

The finish line will be placed on the outside area of Kallithea Port. The conceivable finish line is defined by an anchored yellow prism buoy at the Starboard end and a pole with a blue flag at the Port end placed on the dock in the area of Kallithea Port, where the RC finishing team will be placed. The picture in the 1st page of Annex "B" displays this setup.

9. INDIVIDUAL RECALL

Individual recall may be given in accordance with RRS Rule 29.1. (Clause 6.2 above) The RC is not obliged to notify the boats that started early. If there is such an ability, the RC will make an announcement via VHF. No - notification is not a basis for redress.

10. GENERAL RECALL

General Recall may be given in accordance with RRS Rule 29.2. (Clause 6.2 above). The RC is not obliged to notify the boats that have started. If there is such an ability, the RC will make an announcement via VHF. No - notification is not a basis for redress. After the General Recall and one minute after the removal of the First Substitute a new warning signal will be given (5 minutes).

11. CHANGES OF THE SAILING INSTRUCTIONS

Any written change in the SI's for the 1st race will be posted before 11:00 of the day of the race. For the 2nd race any change will be announced before 09:00 of the day of the race. These written changes will be posted on the [official announcement board](#) and will be notified to the competitors via VHF before the warning signal.

Any verbal changes may be given at sea prior to the warning signal in accordance with RRS Rule 90.2 (c) & J2.2 (4).

12. COMMUNICATION WITH THE COMPETITORS

12.1 The Official Notice Board will be accessed through the website of NOTK, www.notk.gr.

Announcements to the competitors will be posted on the international platform at: [Racing Rules of Sailing](#) which can be accessed through the website of NOTK. The race results will be published directly on the website of NOTK.

12.2 At sea, RC will communicate with the competitors with the use of VHF Radio. Communication channel (included this for SAR) will be «72». Continuous reception is mandatory for safety reasons, along with the cellular phone which number has already been given to the RC.

12.3 [DP] A boat as long as she is competing shouldn't transmit or receive voice /data information which isn't available to all the competitors. Private navigation equipment doesn't allowed.



Everybody pay attention and avoid to withdraw with RRS 41 – Outside Help.

12.4 All boats are obliged to communicate with RC and report their position, two (2) hours before their expiration time, if this happens after 22:00.

13. FINISHING TIME LIMITS

The time limit to finish is set according to the formula (APH x 2.5 x Distance), as it referred to NoR clause 11.4 and also Hellenic ORC Special Instructions (clause 12.1.1) recommends. Any boat that does not finish within the specified time limit will be graded as TLE (Time Limit Expired), this changes Rules 35, A5.1, A5.2 and A10.

14. LIMITATION OF USAGE OF BOAT ENGINES

The engines of the boats must not operate after the preparatory signal (4 minutes). To release a boat after grounding or collision with another boat, vessel or object, the boat may use its engine in accordance with RRS 42.3. (h) & 42.3. (i). Any use of the engine for propulsion of the boat or for any other reason during the race must be declared in writing to the RC as clause 15 below, within two hours from the finish of the boat in this race.

15. DECLARATION OF NON-COMPLIANCE WITH REGULATIONS

In case that during the race the regulations mentioned in the NoR and SI's were not observed, the authorized representative of the boat must declare it in writing to the RC within two hours after the finish of the boat in the race that the incident took place with the use of Official Notice Board.

16. PROCEDURE FOR OBJECTIONS AND REQUESTS FOR RESTORATION

16.1 Protests and Requests for Redress will be heard at the offices of the RC at the NOTK facilities on Monday April 3, 2023, at 19:00. The interested representatives of the boats will be informed in a timely manner by the secretariat of the Club. The authorized representatives must, inform their witnesses if they exist, so that they can attend.

16.2 For incidents that occurred in a race, the competitors must inform the RC at the finish line of their intention to file a protest before or immediately after the finish and then submit the protest in accordance with RRS 61.3. Measurement/ Inspection protests may be submitted by the Technical Committee up to 1 hour after the expiration of the time limit for Measurement/ Inspection of article 19 below.

16.3 Any requests for redress must be submitted in accordance with Rule RRS 62.2. When provisional results are announced after the expiry of the time limit for submitting a protest then a boat may submit a request for redress for these results no later than one hour after their official announcement (Amendment to RRS 62.2). Protests and Redress Requests must be submitted using the Official Notice Board.

16.4 For the purposes of RRS 64.4.b, the authorized authority is the President of Hellenic SCAC.

17. ABANDONING THE RACE

Boats that for any reason and at any moment leave a race, are obliged to immediately



notify the RC via VHF on the race channel or by phone using the telephone numbers of the RC members. The RC may protest boats sailing on engine, which have not reported abandonment to the RC, for infringement of this Article and Rule 2 of RRS.

18. PASSING FINISH LINE

The RC will notify each boat that finishes with a sound. The first boat with a long sound. The captain of each boat is obliged to inform the RC the name of the boat, and the sail number as soon as has finished. It is the responsibility of each boat to make sure that its recognition by the Race Committee has become clear.

19. MEASUREMENTS – INSPECTIONS

As provided in clause 14 of the NoR.

The TC may inspect any boat at any point (land or sea) and at any time during the period from Friday 31 April 2023 at 10:00 until two hours after the end of the last race.

20. CREW LIST

As provided in clause 15 of the NoR.

21. ISSUANCE OF THE RESULTS

21.1 RC will give an effort to issuing results during the race is progressing, on Electronic Notice Board. At the end of each race, Provisional results will be announced on the same place as well.

21.2 The final results will be published after the hearing of any protests / requests for redress. The results will be published on the web site of the Club.

22. ADVERTISING ON BOATS

As provided in clause 4 of the NoR.

23. NAVIGATION AT NIGHT

From sunset to dawn, the International Maritime Avoiding Collision at Sea Regulations, replace the RRS Part 2 Rules. During this period the boats must take care to keep the navigation lights not covered by the sails of their boats. This also applies in the case of poor visibility due to weather phenomena.

24. TIME CORRECTION SYSTEM

As provided in Clause 11 of the NoR.

25. RATING SYSTEM

As provided in Clause 12 of the NoR.

Also RRS Rule A5.3, will be in valid.

26. ALTERNATIVE PENALTIES – VIOLATION OF REGULATIONS

26.1 A boat which violates the regulations of part 2 of the RRS, must execute a penalty of one turn (1 tack and 1 gybe) in the same direction (Amendment of Rule 44.2 RRS).



26.2 The content of SI's and NoR's cannot be the basis for a protest or request for redress by a competitor.

26.3 It is at the discretion of the Protest Committee to impose any penalty other than disqualification or to decide discharge for violations of SI's 14, 20, 23, of the ORC Class Rules, the OSR and ERS Rules. For any other violation, the provisions of the current Hellenic Offshore Committee / EIO Regulations apply. Especially in the case of boat's colliding with a vessel or object, the use of an engine is permitted, provided the boat does not gain a significant advantage in the race, RRS 42.3.(h) και 42.3.(i). The use of discarded rubber or woolen tapes when inflating spinnakers is not considered a violation of RRS Rule 47.

26.4 Boat starting early, before the starting signal, and she didn't redressed, will be notified as OCS (On The Course Side) and will receive a penalty points of 20% on corrected time and at least two (2) positions at the ranking, amendment of RRS D3.1(b).

26.5 [DP] A boat receiving a penalty, should filled the appropriate form, which is into the Official Notice Board.

26.6 Annex «P» won't be in valid.

27. RESPONSIBILITY

27.1 Race Participants agree that they are governed by the World Sailing International Sailing Rules (RRS 2021-2024), the NoR, and the SI's. Everyone participates and competes solely at his own risk and agrees to assume full responsibility by release the organizer Club, the RC, the Protest Committee, the Technical Committee and any other person or body involved in the organization and conduct of the race, who does not bear any responsibility for material damage or bodily injury, injury or death or anything else that can happen before, during or after the race to the competitors or their boats. Attention is drawn to RRS Part 1 of Fundamental Rule 3: "Sailing Decision" which states: "A boat is solely responsible for deciding whether to start or continue a race". It is the responsibility and responsibility of the person in charge to judge the degree of training of the crew or the intensity of the wind, the state of the sea and the meteorological forecasts and to decide whether or not to take part in the race. The persons in charge accept full responsibility for the behavior and dress of their boats, crews and guests.

27.2 [DP] During the race it is obligatory to watch the VHF on the channel «72» in addition to the obligatory channels. The same rule is applicable for the cellular phone also.

27.3 All participating boats must have valid third-party liability insurance coverage including participation in races in accordance with the relevant EIO directive. The corresponding certificate is submitted with the registration of the boat in the race as stipulated in the announcement. Failure to submit the certificate automatically puts the boat out of competition.

28. ORGANIZATION COMMITTEE OFFICES

NOTK

Nautical Marina of the Municipality of Kallithea Kallithea 17674

Cnt: 210 4810390 / 91, 210 413 1819

site: www.notk.gr



mail: info@notk.gr

During the race, RC and Starting and Finish Team will hear to the race channel «**72**».

29. EVENTS

As provided in Clause 8.1 of the NoR.

30. COMMITTEES

As provided in Annex «**A**».

31. DRAWINGS

As provided in Annex «**B**».



ANNEX "A"

Race Committee

President: Dimitris Vasileiou (CRO)	Cnt:	697 203 7320
Members: Fani Katsavouni, (Starting Team)		697 658 4481
Nikos Pajimadas (Finishing Team)		698 070 6024
Marousa Andreadi (Finishing Team)		694 436 5204
Dimitris Nagouzaloglou, (Finishing Team)		698 277 4868

Protest Committee

President: Konstantinos Tsantilis (NJ)
Chris Theodosi (NJ)
Evangelos Polikandriotis (NJ)

Technical Committee

Andreas Antonopoulos	697 730 2543
----------------------	--------------

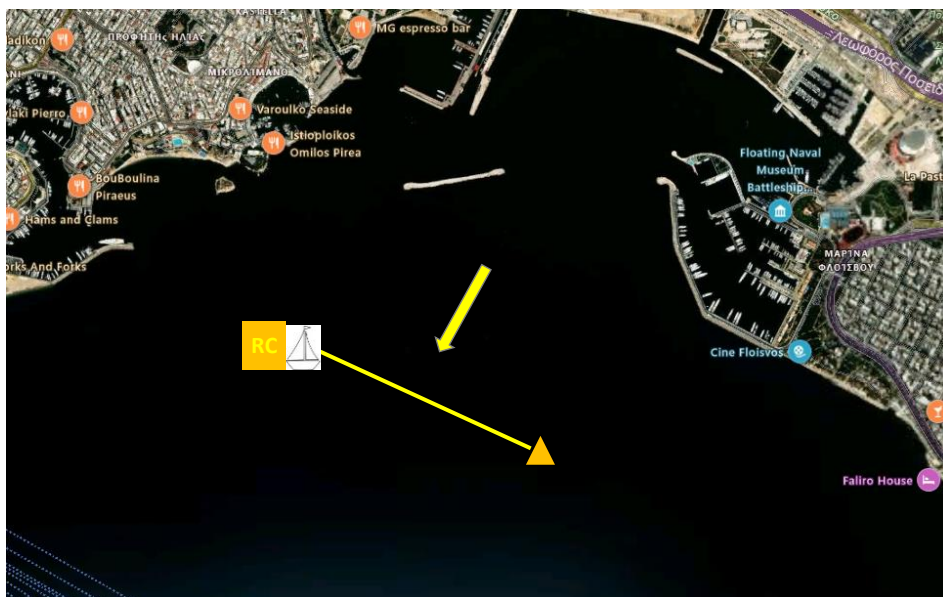
Race Committee Boat

Giorgos Chalabardakis, Boat «AGAPI»	6977813155
Xaris Apostolopoulos, Yacht «AGIA PARASKEVI»	6951667215

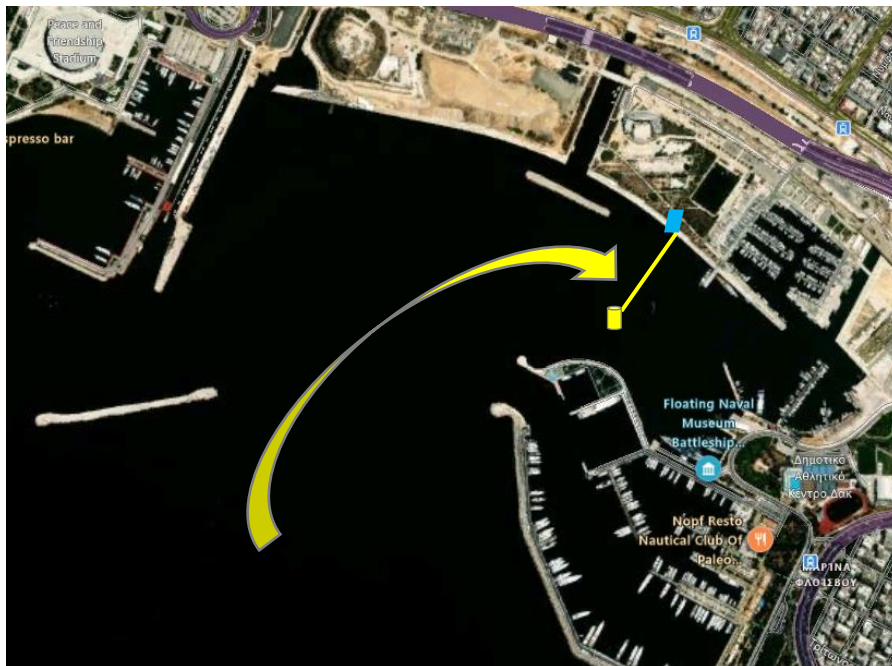
ANNEX "B"

Following drawings are for displaying reasons only and not for navigation.

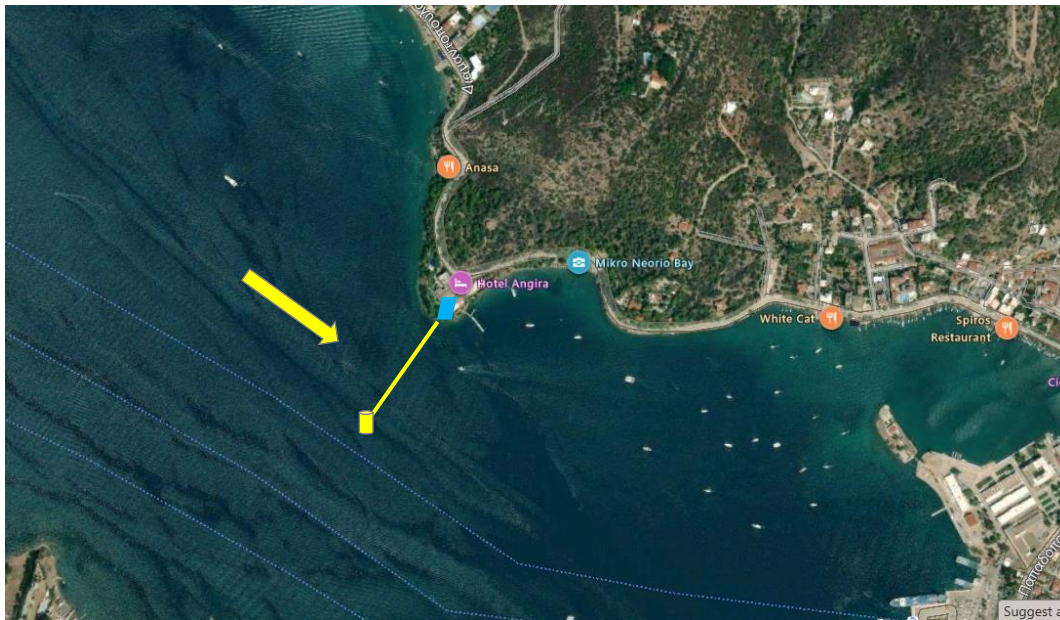
Starting Line on Faliro.



Finish Line on Faliro.



Finish Line on Poros.



Starting Line on Poros.

